



National Fall Convention  
October 23<sup>rd</sup>-25<sup>th</sup> 2014  
Seattle, Washington

Hello SOMA members!

The SOMA Fall Convention is quickly approaching, and I hope you are as excited as I am to meet in Seattle, WA! Fall convention is in conjunction with OMED. In addition, this guide contains transportation, information, housing options, and registration information you must go online and register.

**Thursday, October 23<sup>rd</sup> 2014 All meetings at Hyatt Olive 8**

9:00AM – 12:30PM  
*Cobalt*

**SOMA Board of Trustees Meeting**

*\*\*\*Board of Trustees ONLY (Business Casual)*

1:00PM – 4:00PM  
*Cobalt*

**SOMA National Board Meeting**

*\*\*\*Board of Trustees and National Board ONLY (Business Casual)*

6:30PM - 8:00PM

**SOMA National Dinner at Gordon Biersch Brewery Restaurant**  
(600 Pine St. Ste 401, Seattle WA 98101)

*\*\*\*Board of Trustees and National Board ONLY (Casual Dress)*

**Friday, October 24<sup>th</sup> 2014**

**All Meetings are at The Conference Center (TCC)**

***All morning events located in TCC-101***

***Business Professional Attire for entire meeting **Mandatory*****

7:00AM – 8:00AM

Registration – *Mandatory for ALL Chapter Leaders*

8:00AM - 8:10AM

Call to Order/Chapter Roll Call ( Arta Zowghi, OMS-IV - National VP/Speaker of the House)

8:10AM - 8:30AM

Opening Remarks(Jim DeMeo, OMS-IV - National President)

8:30AM - 9:00AM

SOMA Legacy (Allen Shepard, OMS-III - National Professional Development Director)

9:00AM – 9:30AM

Resolutions Workshop (John Carlson, OMS-III - National Reference Committee Chair)

9:30AM – 10:00AM

National Board Breakout Sessions

10:00AM - 10:10AM	Update from Council of Osteopathic Student Government Presidents (COSGP) (Carisa Champion-Lippmann, OMS-V)
10:10AM - 11:00AM	SOMA Strategic Planning Breakout Session (Jim DeMeo, OMS-IV National President)
11:00AM - 12:00PM	Key-Note Speaker, Jenn Selke - Strengthfinder
12:00PM - 2:00PM	SOMA Lunch with Sponsors and Partners <i>Location TCC – LL4 &amp; 5</i>
2:00PM-4:00PM	Region Meetings All meetings are at the Conference Center Region I ( <b>Cassandre Marseille, OMS-III Region I Trustee</b> ) - TCC 101 Region II ( <b>Lauren Fetsko, OMS-IV Region II Trustee</b> ) - TCC LL3 Region III ( <b>Gina Routh, OMS-III Region III Trustee</b> ) - TCC LL2 Region IV ( <b>Christie Mun, OMS-III Region IV Trustee</b> ) - TCC 102
4:00PM-6:00PM	Resolutions Committee (Open) <i>TCC 101</i>
6:00 pm	Resolutions Committee ( Closed) <i>TCC 101</i>
5:30PM - 9:00PM	AOF Reception (Sheraton Ballroom - Seats \$275pp in advance) Black Tie Strongly Encouraged
11:30PM	Live Music at the Triple Door with COSGP (No Cover Charge) 216 Union St., Seattle, WA

**Saturday, October 25th, 2014 All Meetings are at The Conference Center – (TCC)**  
***All morning events located in TCC-101***  
*Business Professional Attire for entire meeting **Mandatory***

**During the HOD Pre-SOMA will be hosting an Osteopathic Admissions Workshop in TCC-102**

7:45AM –8:00AM	Call to Order/Roll Call (Arta Zowghi, OMS-IV - National VP/Speaker of the House)
8:00AM – 9:15AM	Speeches for the 2015-2016 SOMA Board of Trustees
9:15AM – 9:45AM	Voting for the 2015-2016 SOMA Board of Trustees
9:45AM – 9:55AM	SOMA Foundation (Alexis Cates, OMS-IV - SOMA Foundation Chair)
9:55AM - 10:05AM	AOF Update (Andrew Schleuning, OMS-IV - SOMA AOF Representative)
10:05AM - 10:15AM	Break
10:15AM - 10:45AM	AOA Leadership Update (Dr. Juhasz D.O. , AOA President / Adrienne White-Faines, M.P.A. AOA Executive Director / Dr. Becher D.O., AOA President-Elect)

10:45AM - 11:00AM AOA Student Trustee Update (Alice Chen, OMS-V - AOA Student Trustee)

11:00AM - 11:15AM Overview of Robert Rules (Arta Zowghi, OMS-IV - National VP/Speaker of the House)

11:15AM - 12:30PM Resolutions (Arta Zowghi, OMS-IV - National VP/Speaker of the House)

12:30PM-1:30PM Lunch on your own

1:30PM-4:30PM Workshops

1:30PM-2:30PM	All TCC-102 Future of SOMA/ Working with the National Board	TCC LL4 & 5 Pre SOMA Meet and Greet 1:00PM-3:00PM	All TCC LL3 Motivational Interviewing	All TCC 101 SOMA Legacy
2:30PM-3:30PM	CV Workshop	Pre SOMA ( End 3:00PM	Policy 101	Future of SOMA/ Working with the National Board
3:30PM- 4:30PM	Mastering Communication		OMM	Suture Workshop

5:00PM- 7:00PM SOMA Foundation Reception- Spooked in Seattle  
**Hyatt Olive 8 Ballroom C**

9:00PM Private Market Ghost Tour  
1499 Post Alley, Seattle, WA

11:00PM After hours TBA

**Sunday, October 26th, 2014**

5:00PM - 6:00PM **OPAC Club Member Reception Willow Room A**  
(Sheraton Seattle Hotel, 1400 6th Ave., Seattle, WA 98101)  
**Must be OPAC Student member to attend**

**SOMA meetings will be located at:**

The Conference Center (Adjacent to the Washington Convention Center)  
800 Convention Pl  
Seattle WA 98101  
2066945030

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**HOUSING OPTIONS**

**SOMA Board of Trustees and National Board are staying at:**

Crowne Plaza Seattle  
1113 6<sup>th</sup> AVE  
Seattle, WA

**Other hotels near Washington State Convention Center**

Renaissance Seattle Hotel 515 Madison Street Seattle WA 98104  
W Seattle Hotel 1112 4<sup>th</sup> AVE Seattle WA 98101

Sheraton Seattle Hotel and Towers 1400 6<sup>th</sup> AVE Seattle WA 98101

Hilton Seattle 1301 6<sup>th</sup> AVE Seattle WA 98101

Paramount Hotel Seattle 724 Pine Street Seattle WA 98101

Grand Hyatt Seattle 721 Pine Street Seattle WA 98101

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## **TRANSPORTATION**

### **Transit from Seattle Tacoma Airport ( Sea Tac Airport)**

Sound Transit Light Rail Train departs every 7-15 mins toward downtown Seattle. The trip from the airport to downtown Seattle takes about 35 minutes. The light rail station is connected to the fourth floor main parking garage.

<http://www.soundtransit.org/rider-guide/popular-destinations/airport-service>

### **Bus Transportation**

<http://metro.kingcounty.gov/>

### **Cabs**

Available on the third floor of the parking garage. Sedans and large vans are available. Call 206 622 6500 also visit [www.yellowtaxi.net](http://www.yellowtaxi.net)

### **Downtown Airporter**

Convenient Airport Transportation Service provided by Downtown Airporter

Shuttle Express offers Downtown Airporter shuttle, Share Ride, Scheduled Service and Private Sedan/Limo Service for all your transportation needs, 24 hours a day.

**Call 4259817000**